

# Controlling immunity balances the brain in health and disease

Michal Schwartz



Department of Neurobiology

# Homeostasis

Levels of immune activity



QuickTime™ and a  
TIFF (Uncompressed) decompressor  
are needed to see this picture.



# **Why neurodegenerative conditions are associated with a wide-spread loss of neurons:**

---

- Poor spontaneous neurogenesis (limited formation of new neurons)
- Poor spontaneous regeneration (poor re-growth)
- Diffuse damage due to high vulnerability to defense mechanism unless tightly controlled - 'domino effect'

## Common view of inflammation in neurodegenerative conditions

---

- In most neurodegenerative diseases there is a local inflammatory response.
- This local inflammatory response (mediated by adaptive and/or innate immunity) has collectively received a bad reputation.

## Our concept: The immune system plays a key role in Central Nervous System

---

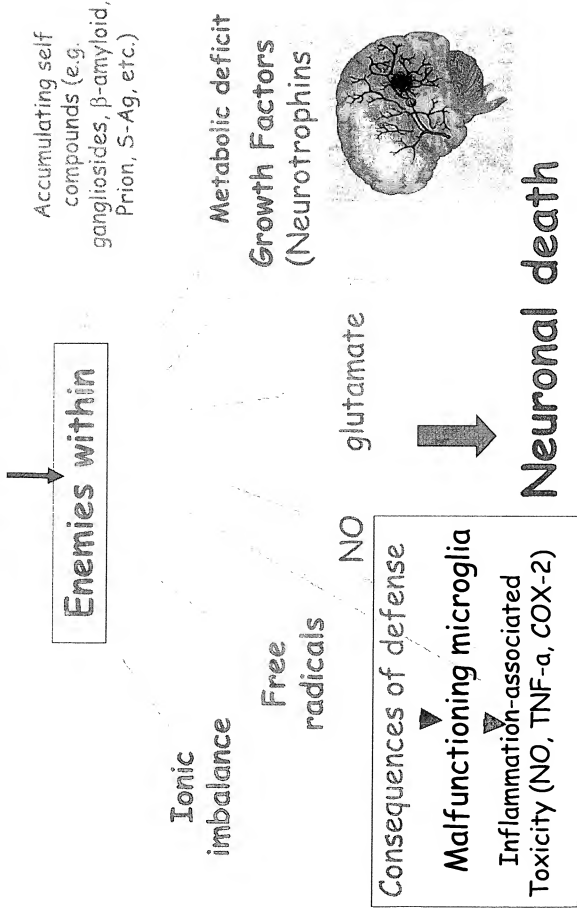
maintenance

Renewal

Plasticity

We argue against bad or good innate/adaptive immunity or against good/bad cytokines in the context of the CNS; immune response should be tightly controlled rather than suppressed - suppression over time denies the key players in brain's maintenance and repair

# Degenerative conditions and consequences of defense battle



# Immune cells are needed for CNS maintenance and repair “Protective autoimmunity”

- **Protective autoimmunity:** A controlled T-cell response recognizing CNS antigens protects against internal enemies
- **Autoimmune disease:** An outcome of malfunctioning of autoimmunity
- **Tolerance to self:** Ability to tolerate response to self without developing an autoimmune disease
- **Specificity** provides the T cells with a way of homing and local reinforcement/activation.



Rapalino et al., Nat. Med., 1998; Modlem et al., Nat. Med. 1999; Schwartz et al., TINS, 1999, 2003; Hauben et al. J. Neurosci., 2000, 2003; Schwartz and Kipnis, Trends Immunol., 2002; Yoles et al., J. Neurosci. 2001; Kipnis et al., PNAS, 2001, 2003; Kipnis et al., J. Neurosci., 2003; Mizrahi et al., J. Immunol., 2002.

# Posttraumatic therapeutic vaccination with modified myelin self-antigen prevents complete paralysis while avoiding autoimmune disease

Ehud Hauben,<sup>1</sup> Eugenia Agranov,<sup>1</sup> Amalia Gothelf,<sup>1</sup> Uri Nevo,<sup>1</sup> Avi Cohen,<sup>2</sup> Igor Smirnov,<sup>2</sup> Lawrence Steinman,<sup>3</sup> and Michal Schwartz<sup>2</sup>

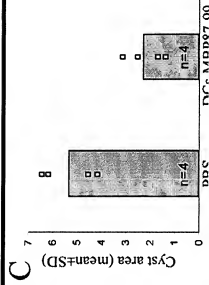
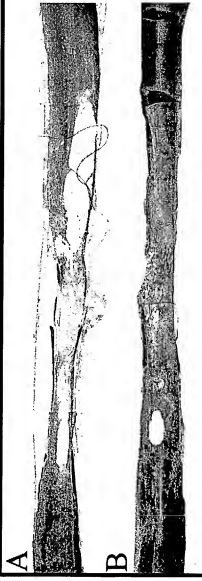
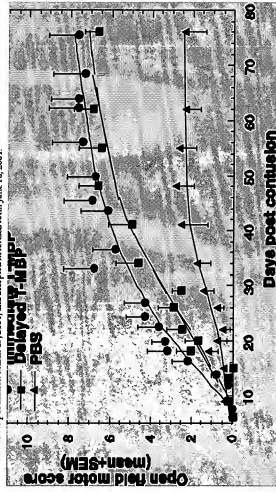
<sup>1</sup>Department of Neurobiology, The Weizmann Institute of Science, Rehovot, Israel

<sup>2</sup>Department of Neurobiology, The Weizmann Institute of Science, Rehovot, Israel

<sup>3</sup>Department of Neurology, Stanford University School of Medicine, Stanford, California, USA

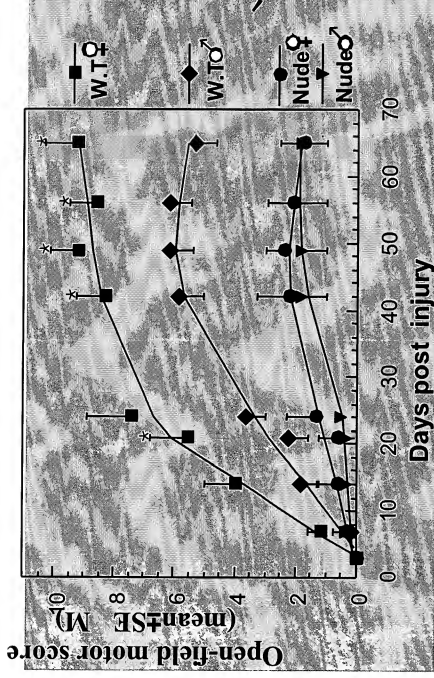
Address correspondence to: Michal Schwartz, Department of Neurobiology, The Weizmann Institute of Science, 76100 Rehovot, Israel. Phone: 972-93942467; Fax: 972-93941311; E-mail: michal.schwartz@weizmann.ac.il

Received for publication March 29, 2001, and accepted in revised form June 18, 2001.





Immune compromise animals have a weak ability to cope with spinal cord injury



Hauben et al., Eur. J. Neurosci., 2002

# T cells

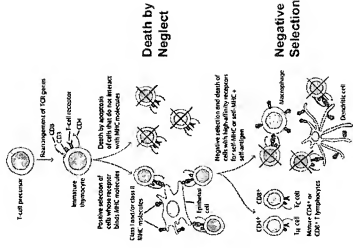
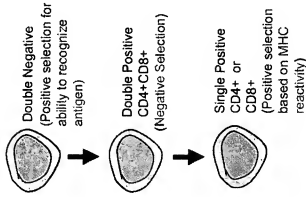
Recognizing Self

(nature mistake or  
purposeful selection?)  
intruders)

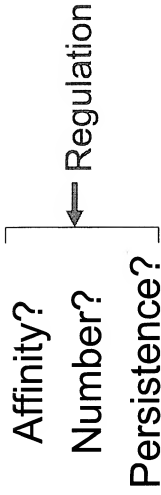
Recognizing non-self (intruders)

(fighting against

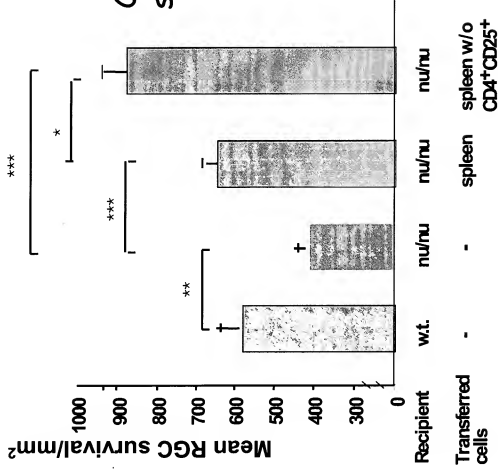
## T-Cell Selection - Overview



What is the difference between  
beneficial and disease-causing  
autoimmune T cells?



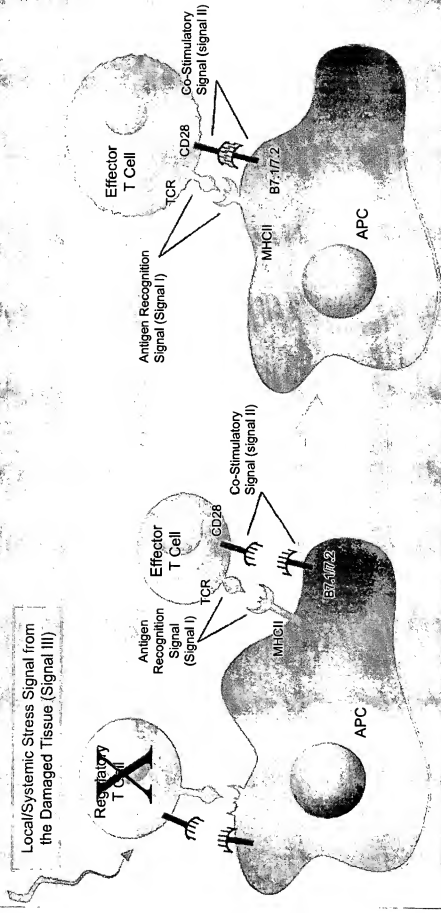
# Depletion of regulatory T cells increases ability to cope with injurious conditions



Nu/nu mice recipient of splenocytes depleted of CD4<sup>+</sup>CD25<sup>+</sup> regulatory T cells show better neuronal survival after CNS injury, compared to recipient of whole splenocytes

# What is needed to evoke autoimmunity?

## A stress Signal is required to 'weaken' the CD4<sup>+</sup>CD25<sup>+</sup> suppression



# Balance Between Autoimmune T cells and Regulatory T cells

---



Autoimmune-dependent CNS Homeostasis

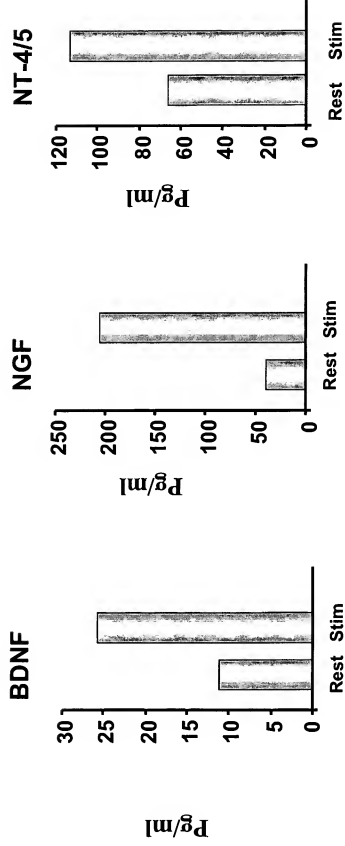
Malfunction

Too much  
Autoimmune disease

Too much  
Neuronal loss  
Limited neurogenesis

The underlying mechanism

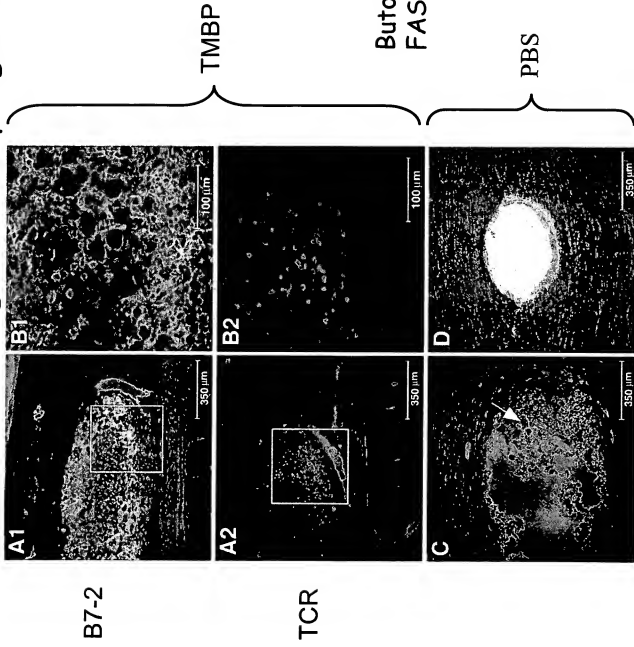
T cells provide a mobile mini-factory;  
secrete higher levels of neurotrophic  
factors upon activation



Moalem et al., J. Autoimmun, 2000;  
Kipnis et al., PNAS, 2000

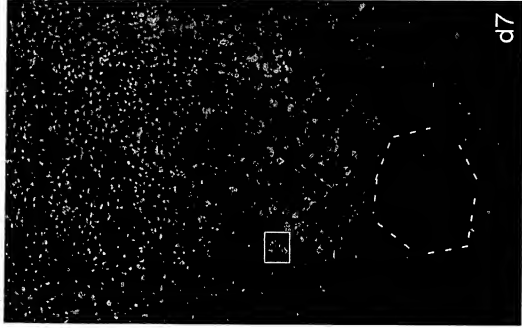


# T cells control microglia/macrophage behavior

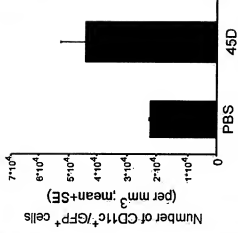
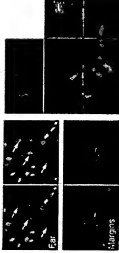


Butovsky et al.,  
FASEB J., 2001

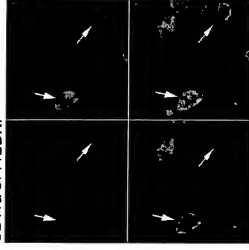
CD11c/GFP



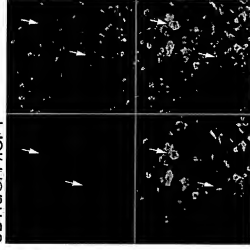
CD11c/GFP



CD11c/GFP/BDNF



CD11c/GFP/IGF-I

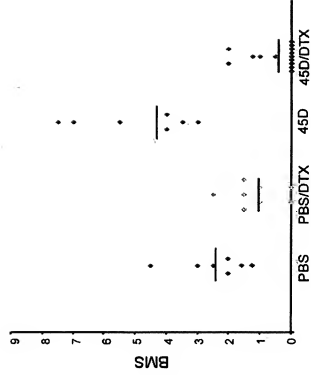
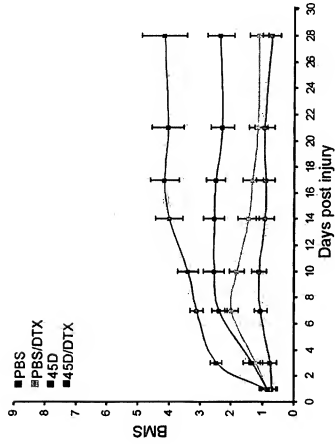
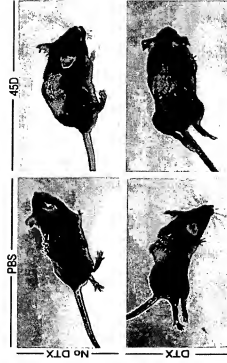


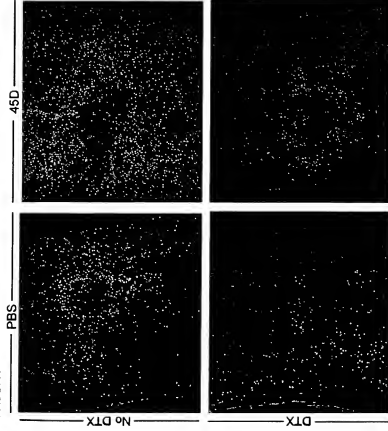
CD11c/GFP



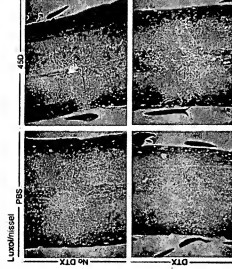
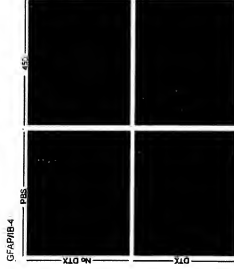
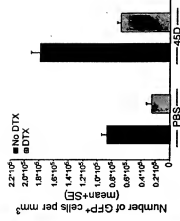
T cells enhance recruitment of blood-borne monocytes, expressing IGF-I and dendritic-like phenotype

# Selective depletion of blood-borne monocytes expressing CD11c completely impaired recovery

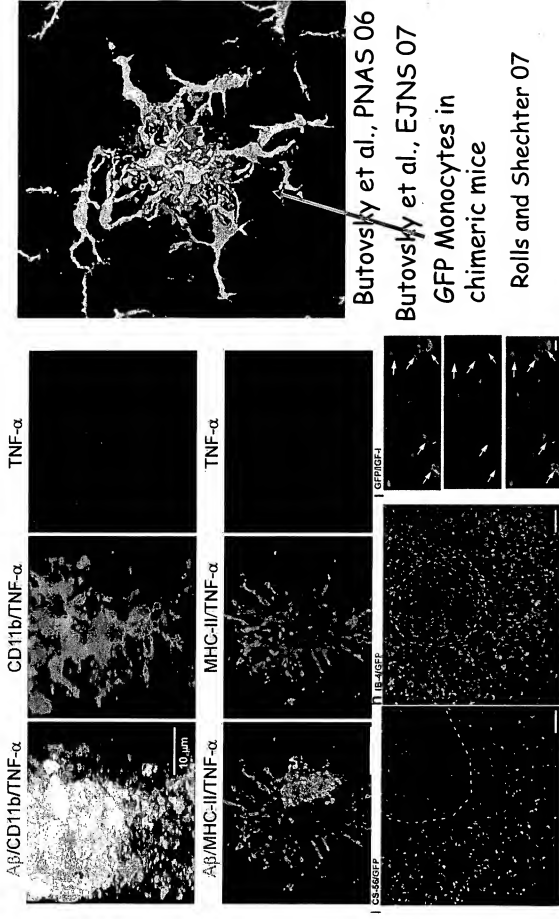


CX3CR1<sup>+</sup>GFP

## Depletion of CD11c+/GFP+ bone marrow-derived monocytes worsened recovery



CNS specific T cells are needed for creating an immunological niche: microglial phenotype switch and recruitment of blood-borne monocytes



# Microglia function as stand-by resident immune cells



Bad

Innate activation  
Neurodegeneration

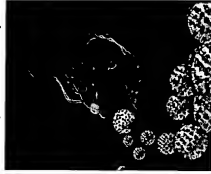


Immune functions -

killing and removal of  
microorganisms

Secretion of:

NO, TNF- $\alpha$ , COX-2



good

overwhelmed

Activation by adaptive immunity

Protection



Destruction

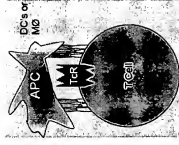
Immune and neural functions:

- Delivery of neurotrophic factors and cytokines
- Removal of growth inhibition (e.g. myelin phagocytosis)
- Buffering of toxicity mediators (e.g. Glutamate clearance)
- Antigen presenting cells

Overwhelming activation:

TNF- $\alpha$

counteract the benefit

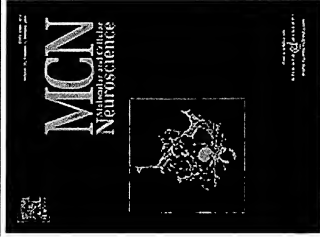


# The underlying mechanism

---

- T cells serve as a mobile mini-factory producing locally cytokines and growth factors (Moalem et al., Nat. Med. 1999; J. Autoimmunity 2000; Kipnis et al., PNAS 2000)
- T cells depending on their phenotypes 'shape' microglial activity and confer them with ability to (a) produce IGF-I and BDNF, (b) act as antigen presenting cells (c) support neural tissue survival, (d) buffer glutamate, and (d) to support cell renewal
- (Butovsky et al., FASEB J., 2001; Mol. Cell. Neurosci., 2005, 2006; Shaked et al., J. Neurochem., 2005; J. Clin. Invest., 2006; Ziv et al., Nat. Neurosci., 2006).

Working Hypothesis: Our in vitro findings that T cell-activated microglia can support cell renewal from adult neural stem cells suggest that the primary role of microglia is to maintain neuronal survival and neurogenesis/oligodendrogenesis in a healthy adult brain, their role in diseased conditions is an extension of this primary role



Butovsky, Ziv et al. Mol. Cell. Neurosci., 2005, 2006



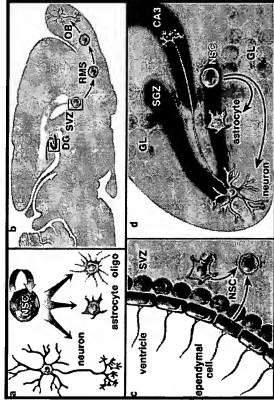
# Cell renewal in the adult CNS

Neurogenesis at adulthood

Neurogenesis in the adult human hippocampus.

Eriksson PS, Perfilova E, Bjork-Eriksson T, Alborn AM, Nordberg C, Peterson DA, Gage FH

Neurogenesis at adulthood  
is restricted to  
hippocampus and olfactory  
bulb



Retinal stem cells in the adult  
mammalian eye (Tropepe et al,  
Science 2000)

J. Neurosci. 2000 Mar 15;20(6):2218-28

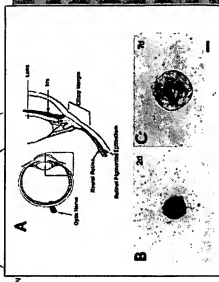
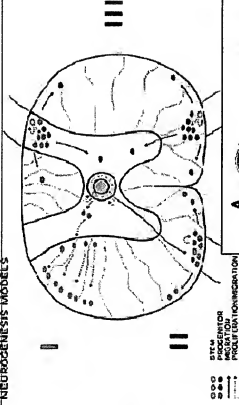
Neurogenesis in the adult mammalian brain

Proliferation and differentiation of progenitor cells throughout the intact adult rat spinal cord.

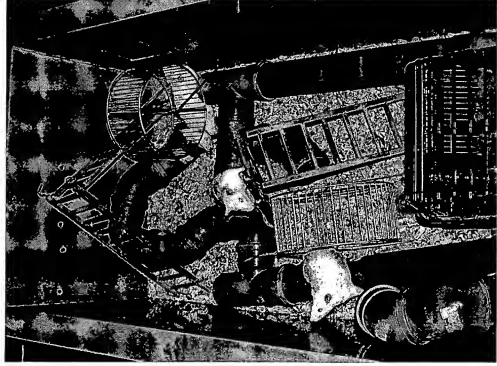
Heber CA, Kessens AM, Nishida H, Kishimoto T, Watanabe J, Tanabe Y, Gage FH

Stem cell proliferation and migration in  
the intact adult spinal cord

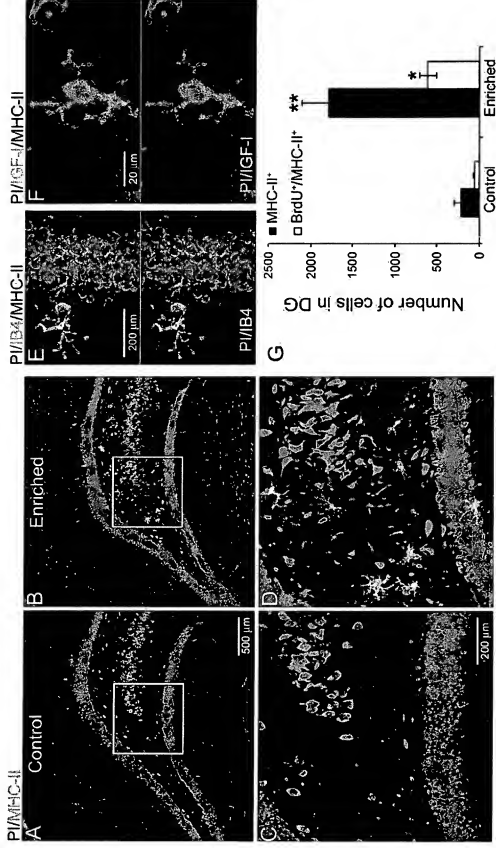
NEUROGENESIS MODELS



Enriched Environment boosts formation of new  
neurons in the brain from a pool of adult stem  
cells



Neurogenesis induced by enriched environment is associated with microglia expressing a T-cell-activated phenotype

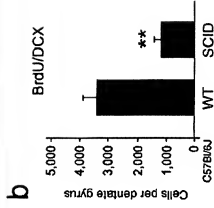
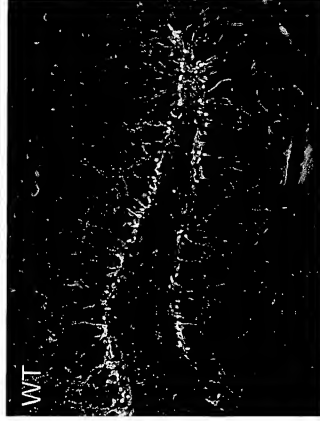


Ziv, Ron, Butovsky, et al., Nat. Neurosci., 2006

Are T cells contributing to the  
maintenance of the adult  
neurogenic niche?

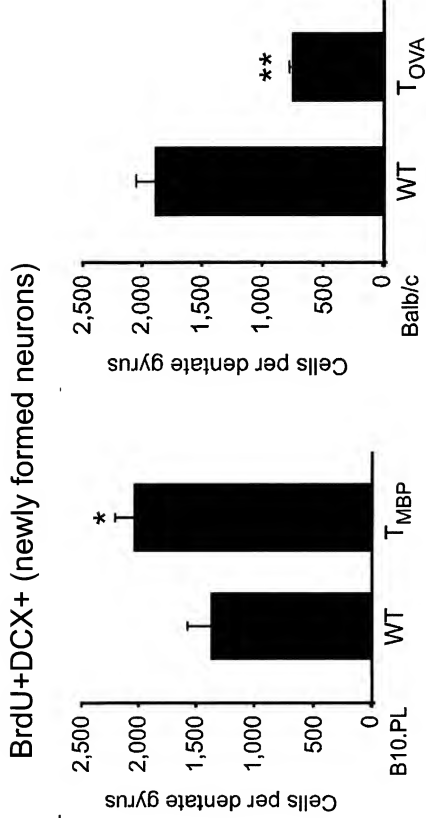


## Adult Neurogenesis is impaired in immune deficient mice



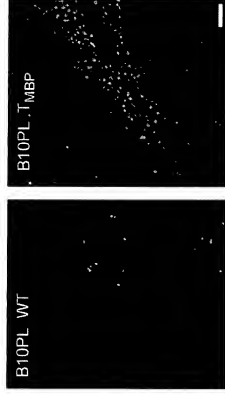
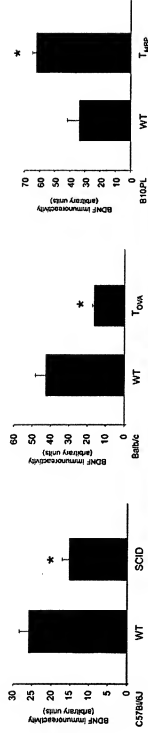
Ziv, Ron, Butovsky et al.,  
Nature Neurosci. 2006

## The T cells needed for adult neurogenesis are CNS specific



Ziv, Ron, Butovsky et al., Nature Neurosci. 2006

# BDNF expression is T-cell related: Association with hippocampal neurogenesis and learning abilities



Ziv, Ron, Butovsky et al., Nature Neurosci. 2006





The formation of new neurons (neurogenesis) results from the complex interplay of many variables: cell proliferation, migration, cell fate choice, and survival. Recent papers identify factors involved in each of these aspects of neurogenesis and indicate how these variables may be integrated during development and adulthood. This recent work includes the report of a kinase that controls cell division in neural progenitors and a study suggesting that autoimmune T cells are positive regulators of neurogenesis. Other intriguing findings link planar cell polarity to neural tube development in zebrafish and the migration of neuroblasts in adult mice.

## Autoimmunity Gives Neurogenesis a Lift

Given the link between autoimmunity and diseases such as multiple sclerosis, it is no wonder that T cells in the brain that recognize self-antigens have a bad reputation. However, new work by Schwartz, Kipnis, and colleagues argues (Ziv et al., 2006) for a more complex view of these much-maligned cells. Their work suggests that, rather than always being detrimental, self-recognizing T cells can also support neurogenesis in adult mice if well-controlled. Previous work from the Schwartz lab has shown that the recruitment of autoimmune T cells to sites of neuronal injury promotes neural cell survival by altering the behavior of local microglia. This new report suggests that similar immune-based mechanisms may also operate during normal adult neurogenesis. In support of their argument, Ziv et al. (2006) demonstrate that neurogenesis is impaired in the hippocampus of immune-deficient mice. Moreover, unlike wild-type mice, neurogenesis in immune-deficient mice is not stimulated by enriching the mouse's environment. Remarkably, neurogenesis is restored by the introduction of autoimmune T cells that recognize a self-antigen (in this case myelin basic protein) but is not restored by T cells that recognize a non-self-antigen. The presence of autoimmune T cells also improves the performance of mice in the Morris water maze, a spatial memory task that has been linked to neuronal activity in the hippocampus. One of the far-reaching implications of the study is that it suggests mechanisms by which age-related changes in the immune system could be linked to cognitive decline in humans. Future work may also establish the precise mechanisms by which T cells regulate microglia to foster an environment that supports neuronal survival.

Y. Ziv et al. (2006). *Nature Neuroscience*. Published online January 15, 2006. 10.1038/nrn1629.

# How can protective autoimmunity be boosted and developed as a therapeutic approach?

- Weak self-antigen (cryptic)  
(Fisher et al., J. Neurosci., 2001);
- Altered self-antigen (APL)  
(Hauben et al., J. Clin. Invest., 2001);
- Dendritic cells  
(Hauben, Gothilf et al., 2003)
- Random copolymers  
(Kipnis et al., PNAS 2000; Schori et al., PNAS 2001)
- Pharmacological blocking of Treg  
(Kipnis et al., 2004)
- Homeostasis-driven Proliferation of lymphocytes (lymphopenia; Kipnis et al., EBN, 2004)



CD4+CD25+  
Regulatory T-cells

Boost

Self-reactive  
T-cells

Down  
regulate

## Poly (YE)

Down  
regulate



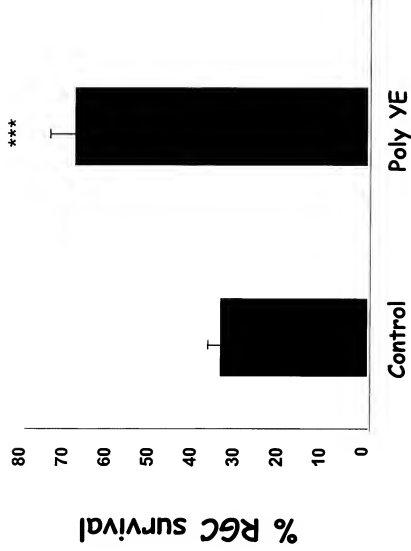
CD4+CD25+  
Regulatory T-cells

1. Random polymer
2. Evokes strong immune response in mice
3. Down regulates a subpopulation of regulatory T cells resulting in a speedy recruitment of the relevant autoimmune T cells

**Proof of concept**

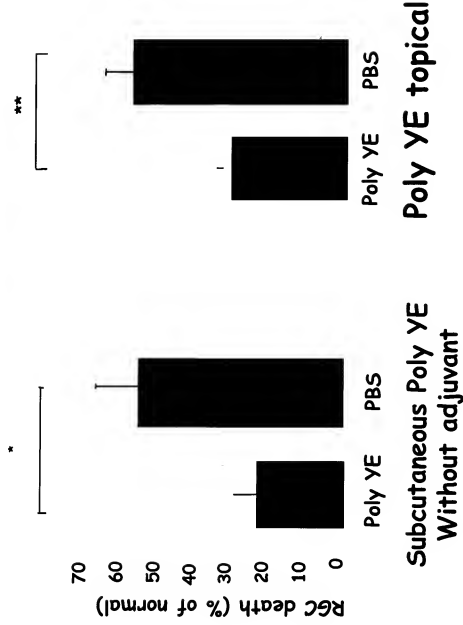
**Glutamate toxicity**

# Proof of concept Glutamate toxicity

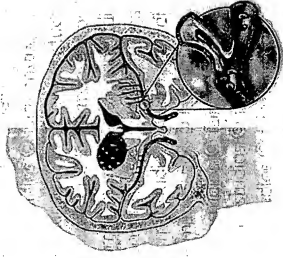


# **Poly YE Neuroprotective effect in animal models of CNS disorders**

# Acute glaucoma



# Stroke

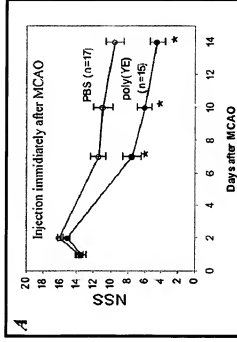


Middle cerebral artery occlusion (MCAO)

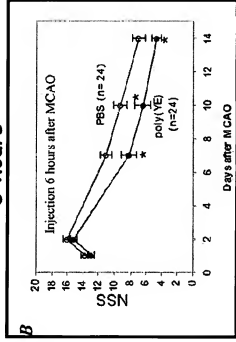


# **Poly(YE) - up to 24 h therapeutic time window in permanent MCA-occlusion (stroke)**

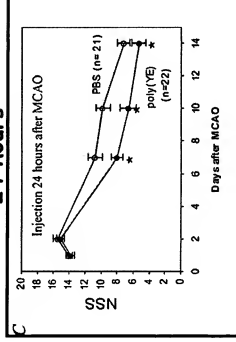
## **Immediate**



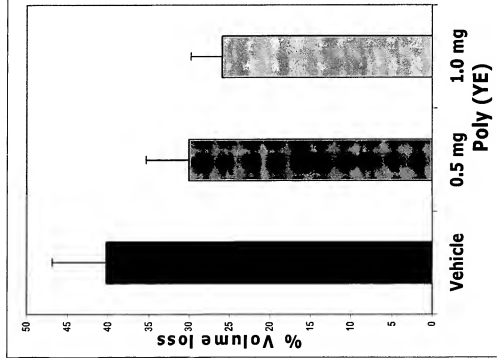
## **6 hours**



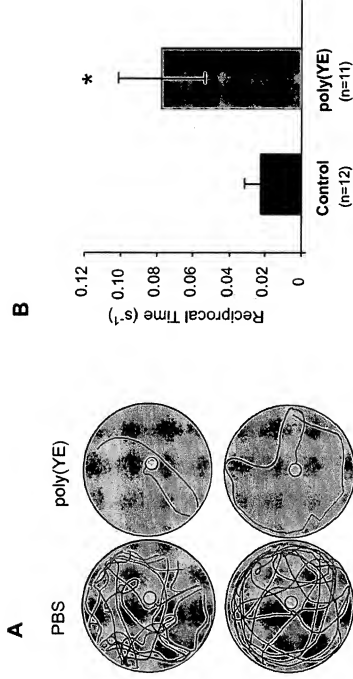
## **24 hours**



Poly(YE) decreases volume loss starting from the subacute phase



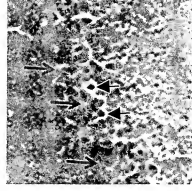
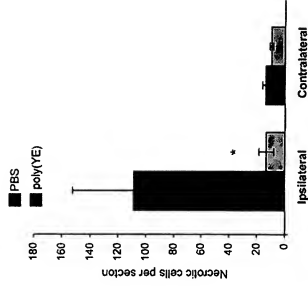
# Poly (YE) protects from behavioral deficits following stroke



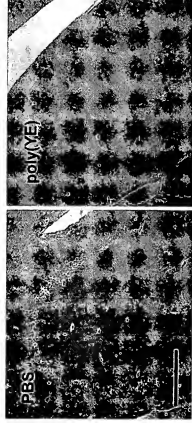
Poly (YE)- treated group learned and remembered the place of the platform unlike the control group

# Poly (YE) attenuates hippocampal neuronal death following stroke

A



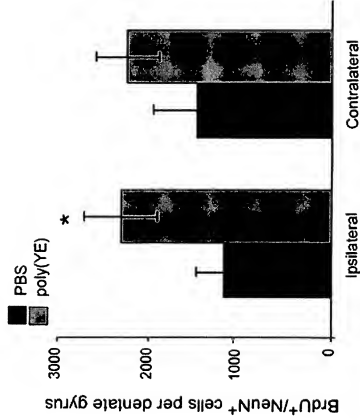
B



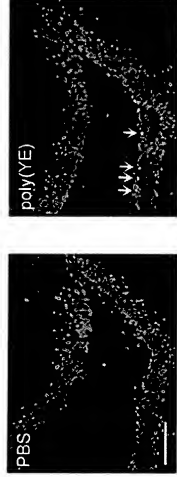


# Therapeutic vaccination with poly(YE) enhances hippocampal neurogenesis following stroke

A



B



# Cortical Neurogenesis following stroke

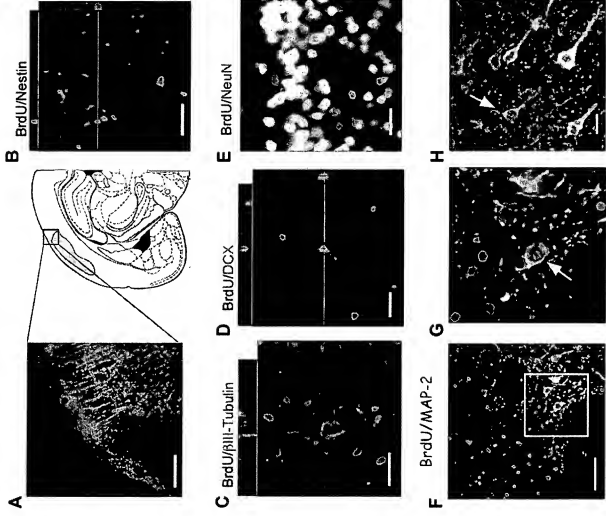
MAP-2 (Functional neurons)

Nestin (Neural Stem Cells)

BrdU (Post-mitotic cells)

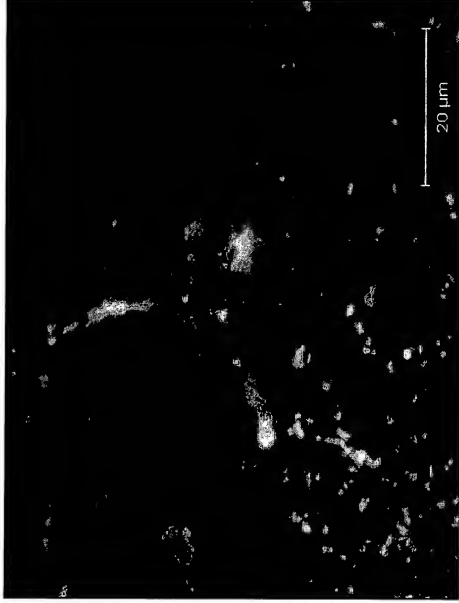


# Formation of new neurons in the Cortex

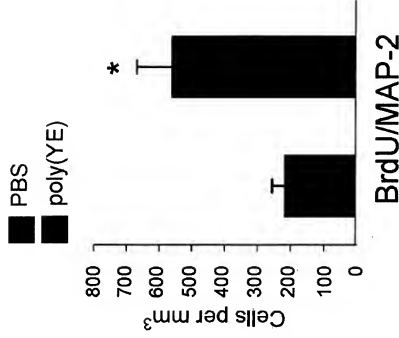




# Formation of new neurons in the Cortex

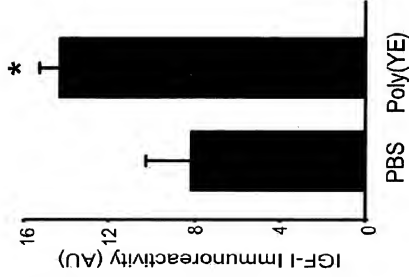
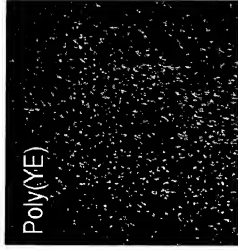


# Poly(YE) augments cortical neurogenesis

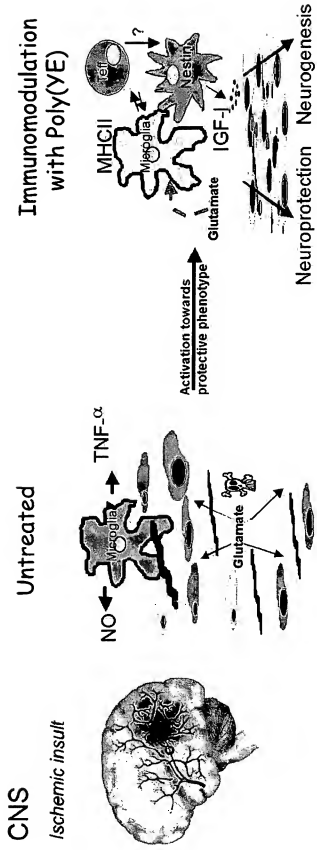


Neurogenesis in a non-neurogenic area

# IGF-1 production is increased following Poly(YE)



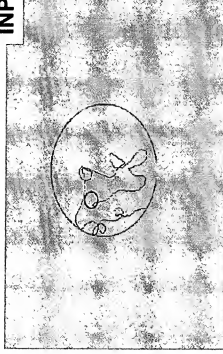
# Putative model of the neuroimmune interactions in the ischemic brain after poly(YE) treatment



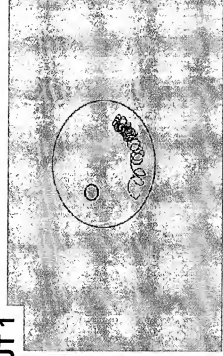
# Mental disorders

**MK-801 + Poly YE**

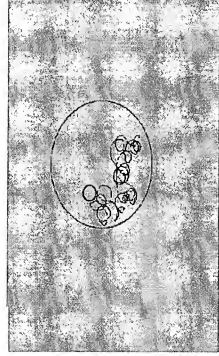
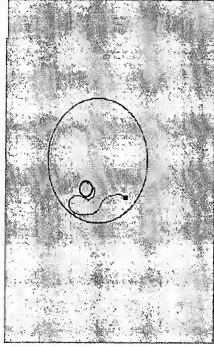
**INPUT 1**



**MK-801 + Poly YE**



**INPUT 4**



**Protective immunity**

**Mechanism of action**

**Poly YE** an immune modulator - augments the injury induced protective immunity by its effect on the local immune response

**Poly YE** restore tissue homeostasis - shapes microglial activity to eliminate toxic elements from the injured environment and to secrete trophic and growth factors, supportive of neuronal survival

**Poly YE** enhances tissue repair - creates environmental conditions supportive of neurogenesis